



# IMAGO COUPLES INTENSIVE

*The 3-Day Ultimate Relationship  
Transformation Program*



START RIGHT  
STAY RIGHT  
THERAPY



# HELLO!

I am so happy you are here. And I cannot wait to start this amazing journey with you as a couple. To transform your relationship into the one you have always been dreaming about.





Hi, I'm Hendrien

I didn't fall in love with this work because it was easy.

I fell in love with it because life and relationships got hard and this work held us when nothing else could.

I first encountered this approach while training to support couples professionally. On paper, it made sense. I could see how powerfully it helped couples reconnect, communicate, and repair. And yes, I do this work professionally, and I see it work again and again.

But what changed everything was experiencing it inside my own relationship. Like many couples, we hit seasons where love wasn't effortless, communication broke down, and old wounds showed up in ways we didn't expect. This work didn't bypass the difficulty; it helped us move through it. It gave us language when we felt stuck. It helped us feel safe again. It taught us how to stay connected through hard seasons and truly enjoy the good ones.

I learned what it feels like to be loved in the way I had always longed to be.

I learned how to love my partner in a way that helped him become his best, most grounded version of himself, without losing myself in the process.

That's when this work stopped being just something I did and became something I deeply believe in.

I believe in it because I've lived it.

I believe in it because it works, not perfectly, not magically, but honestly, compassionately, and sustainably.

My hope for you is not just that you "fix" your relationship.

It's that you learn to:

- Fall back in love with yourself
- Reconnect with each other in ways that feel safe and real
- And experience more peace, presence, and joy in your life

If you're here, something in you is ready for change.

**Let's start today.**

# A LITTLE BIT ABOUT ME



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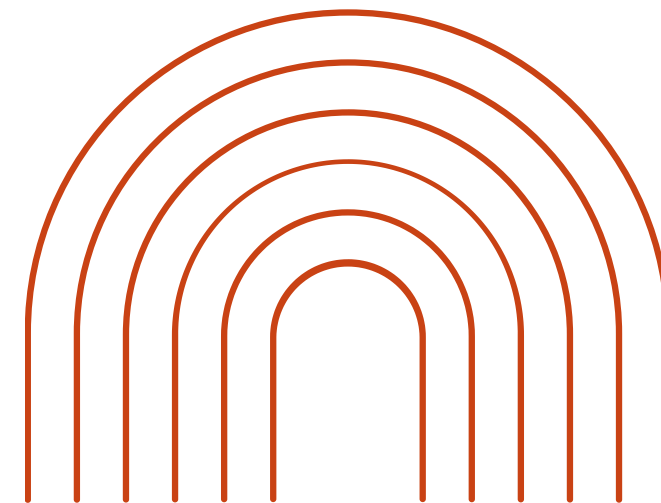
# THIS PROGRAM IS FOR YOU IF...

- Your relationship is in serious trouble and both people are willing to work together to repair it;
- You feel stuck in old patterns and want to move to new and more creative ways of relating to one another;
- One party wants to leave the relationship, but is willing to put in “one last effort” to make it work;
- You want to transform the energy of your conflict into an energy filled with passion;
- You want to learn the art of being connected and alive with each other;
- You have been feeling disconnected and despite your efforts it remain unchanged;
- You or your partner feel they are losing yourselves because of the relationship;
- You fear you are going to have the same toxic relationship as your parents;
- You have undergone a major life-changing event (Moving in together, getting engaged, getting married, giving birth, raising children, losing a loved one, immigration etc) and are struggling to find mutual ground



# THIS PROGRAM IS NOT FOR YOU IF...

- Neither party is committed to seeking professional help or making significant changes;
- You want a quick fix;
- One or both parties are unwilling to invest time, effort, and openness into the process of relationship repair and growth;
- There is a lack of willingness to explore new perspectives or try different approaches to resolving conflicts;
- There is a lack of readiness to address deep-rooted issues or emotional wounds that may be affecting the relationship dynamics;
- You are okay with being stuck in endless conflict, having little to no intimacy, connection, or trust;
- You want to continue playing the blame game and not take accountability for your contributions to your relationship nightmare



# IN OUR TIME TOGETHER WE WILL...

## Identify Your Relationship Vision

- Clarify where you want your relationship to go.

## Heal Past Pains

- Discover the real sources of past disconnection and learn how to heal them.

## Address Current Frustrations

- Move from being stuck to exploring creative possibilities.

## Transform Together

- Embrace change not for the sake of the relationship but to grow as individuals.

## Enhance Your Connection

- Move beyond current pain and frustrations to fully experience passion for each other.

## Experience Emotional Safety

- Create a space where both partners feel truly safe emotionally.

## Navigate Power Struggles

- Understand and move through power struggles towards conscious and adult love.

## Develop Communication Skills

- Learn how to ask for what you want and give your partner what they need.

## Bring Back Relational Energy

- Restore focus, dialogue, sexual and emotional energy, warmth, and attention in your relationship.

## Practice Being Present

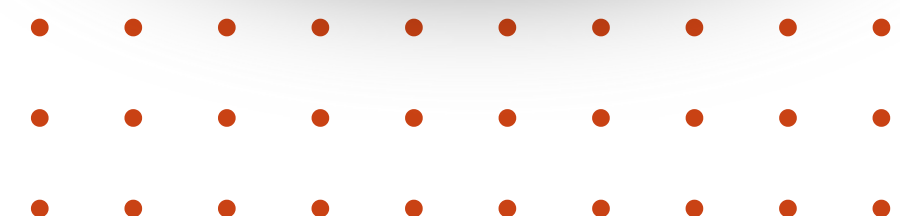
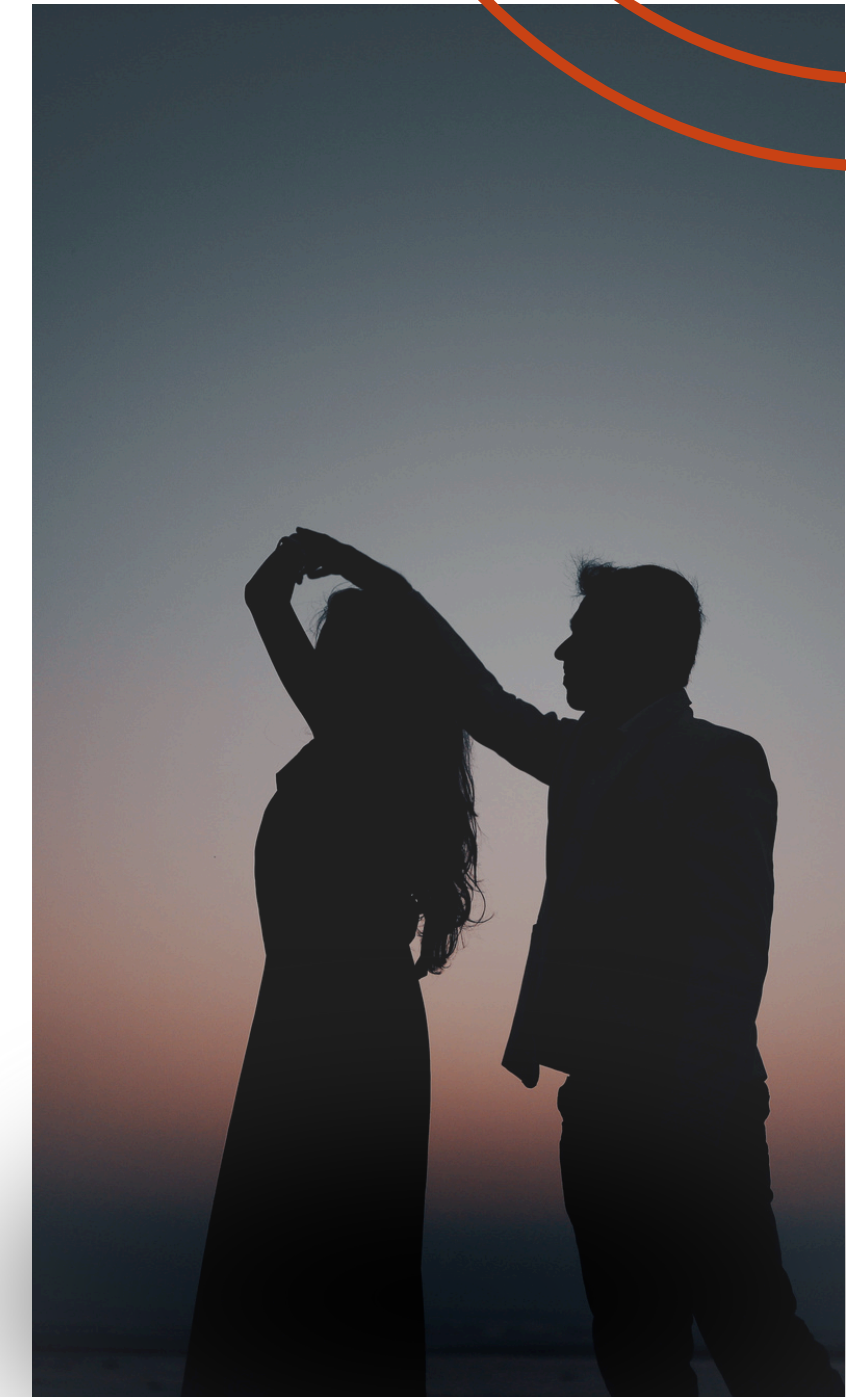
- Learn the art of being fully present with one another.

## Repair Your Relationship

- Gain tools and processes to effectively repair and strengthen your relationship.

## Cultivate Love

- Understand what it means to love and be loved in a deeper, more meaningful way.



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# THE FACT IS..

*The Imago Intensive Program is highly effective, with a 100% success rate for those who commit to applying what they learn. It is designed for all relationship stages, whether you're in serious trouble or looking to enhance your connection. This is not a group process; you will receive personalized attention from me. The three-day intensive is life-changing and combines 25% theoretical work with 75% practical exercises. The program offers comprehensive support, helping you understand and heal the root causes of pain and conflict. It transforms the energy of power struggles into passion and deep connection. You don't need to wait for a crisis to benefit—it's for anyone wanting to grow and connect more deeply. Expect real results, including a deeper understanding of frustrations, a true emotional connection, and practical tools for a healthy relationship.*









**Natisha Amaidas (Physiotherapist)**  
Local Guide · 4 reviews · 3 photos




★★★★★ 8 months ago

One of the best forms of therapy I have ever experienced. Completely an out-of-the-box, real, practical, compassionate, therapy. Hendrien is amazing and so patient, and has taught us that we can hold compassion for each other, our past experiences, and that we can choose how we want to show up for our significant other. A life changing Therapy.



**Jaques Durand**  
1 review



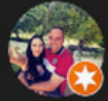

★★★★★ 6 months ago

Working with Hendrien from Imago has been a transformative experience for my partner and me. From the first session, we felt 100% engaged.


She created a safe, nonjudgmental space where we could openly share our emotions and thoughts.

These sessions were life changing and the material and tools are world class. Thank you Hendrien 😊

Warm regards, Jaques.




**Alricia Du Toit**  
Local Guide · 86 reviews · 184 photos




★★★★★ a week ago New

Hendrien is an amazing therapist. It truly is a life changing experience and I would definitely recommend going to her for any and all of your relationship needs. Her expertise and passion for what she does makes it so much easier to go through this process and to improve your relationship in the best way possible. She has made a big difference not only in our relationship but also in our lives and we are thankful for this wonderful experience and that we had her to guide us through what we needed.



**Robin van der Bijl**  
Local Guide · 22 reviews · 1 photo



★★★★★ 8 months ago

Trully a revolutionary approach to couples counseling.

 Reply  2





**Shuney**  
1 review



★★★★★ 3 years ago

Excellent experience!!!! Definitely worth going. Life changing!!!

 Reply  2



**Marinda Du Buson**  
Local Guide · 29 reviews · 2 photos



★★★★★ a year ago

It is was and will be the best investment that my husband and I made. We invested in our marriage and Hendrien showed us how we can turn up for each other with out sacrificing ourselves in the process.



# SO WHAT IS THE

*Imago couples intensive?*



Healing  
& Connection

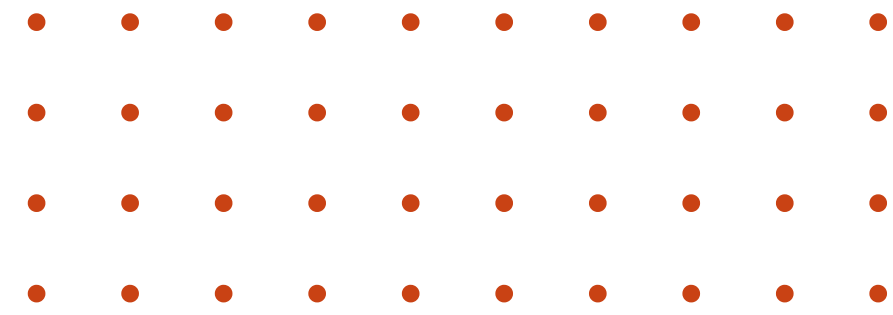
Transformation  
& Growth

Practical Tools  
& Processes

Personalized  
Support



# What is in the 3– Day Imago Intensive Program?



- **Personalized, One-on-One Therapy Sessions with an Experienced Imago Therapist**
  - Receive undivided attention and guidance tailored specifically to your relationship needs.
- **Structured Daily Schedule from 09:00 to 17:00**
  - Engage in a comprehensive and focused therapy process, with each day designed to maximize your progress.
- **Combination of Theoretical and Practical Work**
  - 25% theoretical understanding paired with 75% practical relationship exercises to foster real change.
- **Healing and Transformation Exercises**
  - Participate in structured exercises that help you heal past pains and transform your relationship dynamics.
- **Imago Dialogue Techniques**
  - Learn and practice the Imago Dialogue to improve communication and deepen your connection.
- **Private Support and Guidance**
  - Benefit from a safe and confidential environment where both partners can express themselves freely.
- **Post-Intensive Follow-Up**
  - Receive tools and resources to continue your growth and maintain the progress made during the intensive.
- **Access to Imago Therapy Resources**
  - Gain access to a wealth of Imago therapy materials to support your ongoing relationship journey.





# WHAT IS THE INVESTMENT?

**R20 000 per couple Weekdays**  
**R25 000 per couple Weekends**

\*Payment Plans available.





# In Return You Can Expect

## Deep Emotional Connection

- Experience a profound and lasting bond with your partner.

## Healing of Past Wounds

- Address and heal the root causes of your pain and disconnection.

## Improved Communication Skills

- Learn effective techniques for expressing your needs and listening to your partner.

## Tools for Managing Conflict

- Gain practical strategies for navigating and resolving power struggles.

## Enhanced Relationship Satisfaction

- Transform your relationship into a source of joy, passion, and fulfillment.

## Personal Growth and Transformation

- Grow individually and as a couple, embracing change and fostering mutual support.

## Practical Relationship Skills

- Master processes that will help you maintain a healthy and vibrant relationship.

## Emotional Safety

- Create an emotionally safe environment where both partners feel secure and valued.



# What you really getting is

## **Intensive One-on-One Therapy**

- Personalized and focused guidance tailored to your unique relationship.

## **A Proven Methodology**

- Structured, research-based Imago Therapy techniques that deliver lasting results.

## **A Safe and Confidential Space**

- An emotionally secure environment to openly discuss and work through your issues.

## **Healing and Reconnection**

- Processes designed to heal past wounds and reconnect on a deeper level.

## **Enhanced Communication**

- Practical tools to improve how you and your partner communicate.

## **Conflict Resolution Skills**

- Effective strategies to manage and resolve conflicts constructively.

## **Personal and Relational Growth**

- Opportunities for both individual and couple transformation and growth.

## **Ongoing Support and Resources**

- Access to Imago Therapy materials and post-intensive follow-up to sustain your progress.







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# INVEST IN YOUR RELATIONSHIP TODAY!

*For Bookings Contact:  
El'Marie*

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*E-mail: [elmarie@huwelize.co.za](mailto:elmarie@huwelize.co.za)*