



COUPLES INTENSIVE

*The 3-Day Ultimate Relationship
Transformation Program*

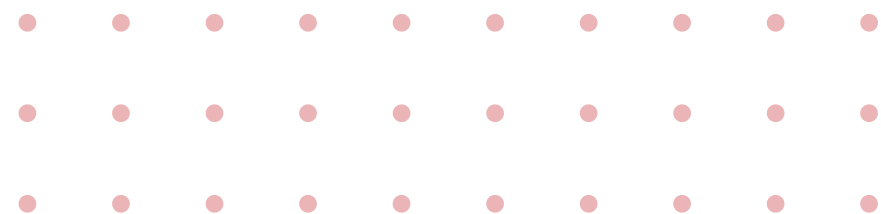
HELLO!

I am so happy you are here. And I cannot wait to start this amazing journey with you as a couple. To transform your relationship into the one you have always been dreaming about.



A LITTLE BIT ABOUT ME

I am a relationship enthusiast, personally but also professionally. After completing my honors degree in Psychology, I started with my clinical training in Imago relationship therapy, attended numerous workshops and advanced trainings, and completely fell in love with this work. Today I am an expert Imago psychologist and workshop assistant presenter based in Pretoria East. Helping couples to achieve and live their relationship dream, is my life calling. I have been married to Ryno, the love of my life for 7 years now (together for 12), have been blessed with two amazing children, and with the help of Imago, we can enjoy the adventure of love every day.



THIS PROGRAM IS FOR YOU IF...

- Your relationship is in serious trouble and both people are willing to work together to repair it;
- You feel stuck in old patterns and want to move to new and more creative ways of relating to one another;
- One party wants to leave the relationship, but is willing to put in “one last effort” to make it work;
- You want to transform the energy of your conflict into an energy filled with passion;
- You want to learn the art of being connected and alive with each other;
- You have been feeling disconnected and despite your efforts it remain unchanged;
- You or your partner feel they are losing yourselves because of the relationship;
- You fear you are going to have the same toxic relationship as your parents;
- You have undergone a major life-changing event (Moving in together, getting engaged, getting married, giving birth, raising children, losing a loved one, immigration etc) and are struggling to find mutual ground

THIS PROGRAM IS NOT FOR YOU IF...

- Neither party is committed to seeking professional help or making significant changes;
- You want a quick fix;
- One or both parties are unwilling to invest time, effort, and openness into the process of relationship repair and growth;
- There is a lack of willingness to explore new perspectives or try different approaches to resolving conflicts;
- There is a lack of readiness to address deep-rooted issues or emotional wounds that may be affecting the relationship dynamics;
- You are okay with being stuck in endless conflict, having little to no intimacy, connection, or trust;
- You want to continue playing the blame game and not take accountability for your contributions to your relationship nightmare



IN OUR TIME TOGETHER WE WILL...

Identify Your Relationship Vision

- Clarify where you want your relationship to go.

Heal Past Pains

- Discover the real sources of past disconnection and learn how to heal them.

Address Current Frustrations

- Move from being stuck to exploring creative possibilities.

Transform Together

- Embrace change not for the sake of the relationship but to grow as individuals.

Enhance Your Connection

- Move beyond current pain and frustrations to fully experience passion for each other.

Experience Emotional Safety

- Create a space where both partners feel truly safe emotionally.

Navigate Power Struggles

- Understand and move through power struggles towards conscious and adult love.

Develop Communication Skills

- Learn how to ask for what you want and give your partner what they need.

Bring Back Relational Energy

- Restore focus, dialogue, sexual and emotional energy, warmth, and attention in your relationship.

Practice Being Present

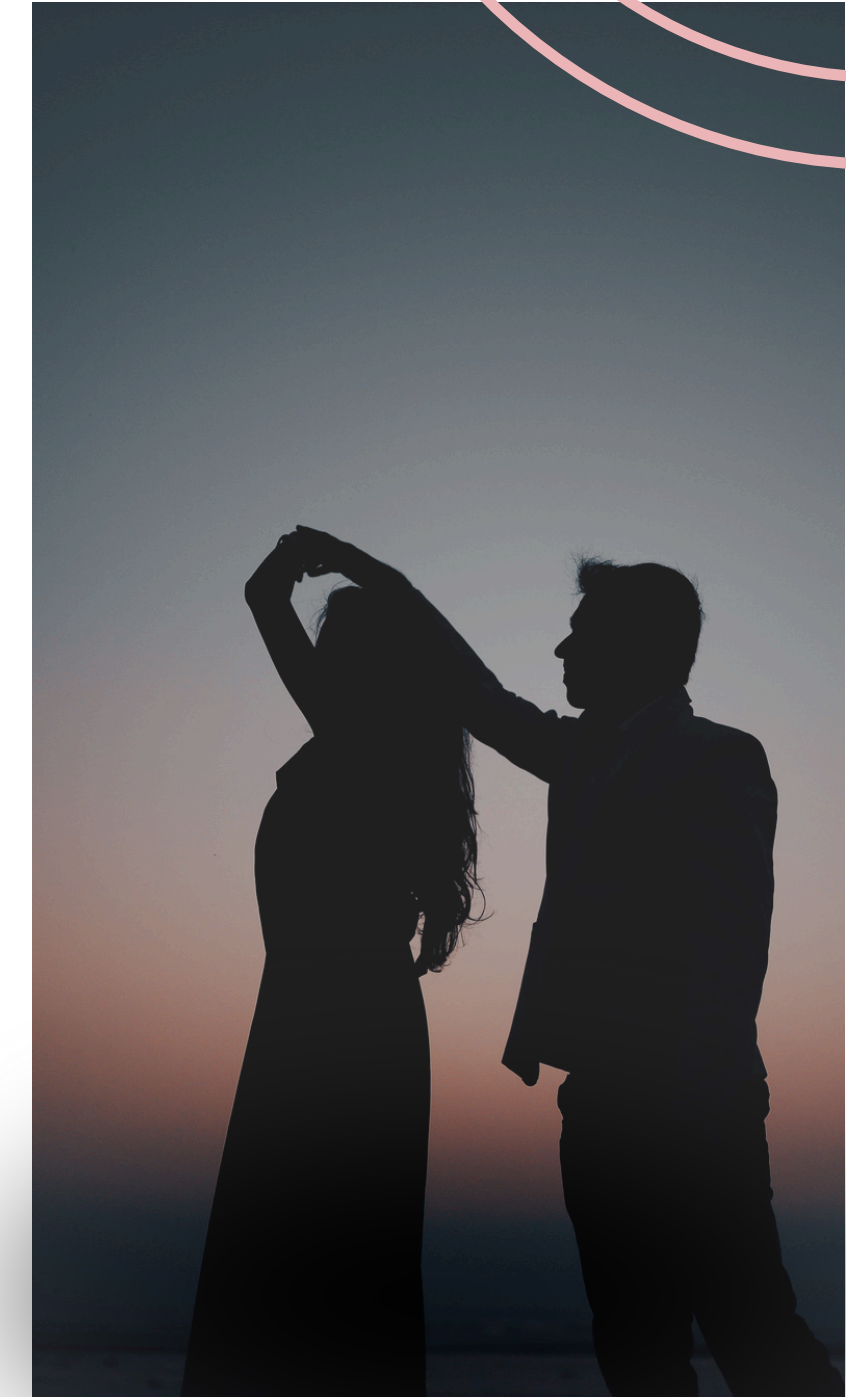
- Learn the art of being fully present with one another.

Repair Your Relationship

- Gain tools and processes to effectively repair and strengthen your relationship.

Cultivate Love

- Understand what it means to love and be loved in a deeper, more meaningful way.



THE FACT IS..

The Imago Intensive Program is highly effective, with a 100% success rate for those who commit to applying what they learn. It is designed for all relationship stages, whether you're in serious trouble or looking to enhance your connection. This is not a group process; you will receive personalized attention from me. The three-day intensive is life-changing and combines 25% theoretical work with 75% practical exercises. The program offers comprehensive support, helping you understand and heal the root causes of pain and conflict. It transforms the energy of power struggles into passion and deep connection. You don't need to wait for a crisis to benefit—it's for anyone wanting to grow and connect more deeply. Expect real results, including a deeper understanding of frustrations, a true emotional connection, and practical tools for a healthy relationship.



SHUNEY

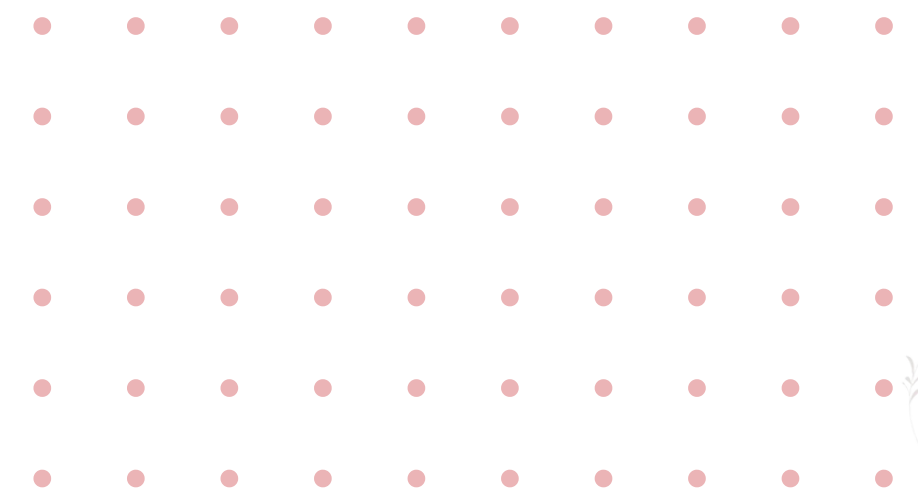
*Excellent experience!!!!
Definitely worth going. Life
changing!!!*



AMORI MARAIS



*Hendrien is a sensitive therapist
and treats her clients with the
utmost respect. She travels with
couples to allow them to arrive at
a place where their relationship
blossoms. The best investment for
any relationship!*



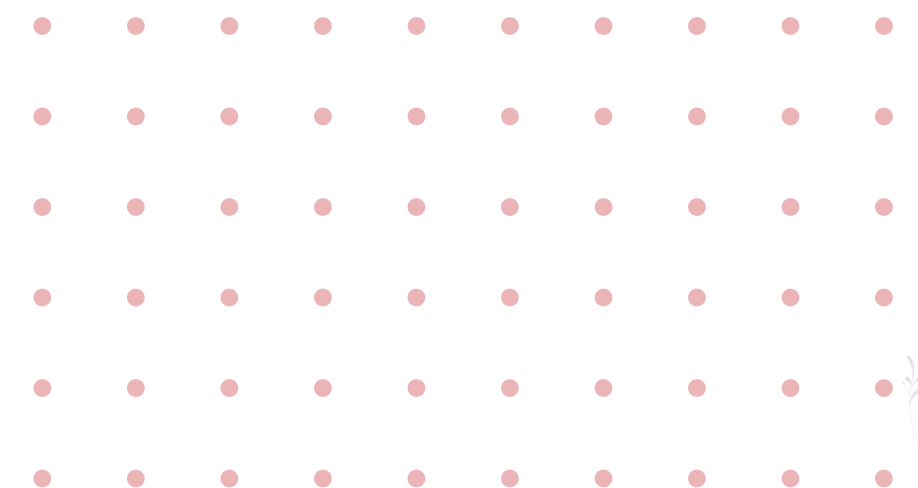


MONIQUE

We had a fantastic time. They are both amazing and the work they are doing is lifechanging. You guys are doing a great job. Congratulations and keep it up

MARINDA DU BUSON

It was and will be the best investment that my husband and I made. We invested in our marriage and Hendrien showed us how we can turn up for each other with out sacrificing ourselves in the process.



SO WHAT IS THE

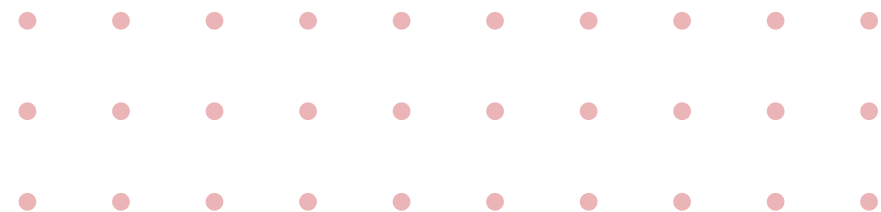
Imago couples intensive?

Healing
& Connection

Transformation
& Growth

Practical Tools
& Processes

Personalized
Support



What is in the 3- Day Imago Intensive Program?



- **Personalized, One-on-One Therapy Sessions with an Experienced Imago Therapist**
 - Receive undivided attention and guidance tailored specifically to your relationship needs.
- **Structured Daily Schedule from 09:00 to 17:00**
 - Engage in a comprehensive and focused therapy process, with each day designed to maximize your progress.
- **Combination of Theoretical and Practical Work**
 - 25% theoretical understanding paired with 75% practical relationship exercises to foster real change.
- **Healing and Transformation Exercises**
 - Participate in structured exercises that help you heal past pains and transform your relationship dynamics.
- **Imago Dialogue Techniques**
 - Learn and practice the Imago Dialogue to improve communication and deepen your connection.
- **Private Support and Guidance**
 - Benefit from a safe and confidential environment where both partners can express themselves freely.
- **Post-Intensive Follow-Up**
 - Receive tools and resources to continue your growth and maintain the progress made during the intensive.
- **Access to Imago Therapy Resources**
 - Gain access to a wealth of Imago therapy materials to support your ongoing relationship journey.





WHAT IS THE INVESTMENT?

R20 000 per couple Weekdays
R25 000 per couple Weekends

*Payment Plans available.



In Return You Can Expect

Deep Emotional Connection

- Experience a profound and lasting bond with your partner.

Healing of Past Wounds

- Address and heal the root causes of your pain and disconnection.

Improved Communication Skills

- Learn effective techniques for expressing your needs and listening to your partner.

Tools for Managing Conflict

- Gain practical strategies for navigating and resolving power struggles.

Enhanced Relationship Satisfaction

- Transform your relationship into a source of joy, passion, and fulfillment.

Personal Growth and Transformation

- Grow individually and as a couple, embracing change and fostering mutual support.

Practical Relationship Skills

- Master processes that will help you maintain a healthy and vibrant relationship.

Emotional Safety

- Create an emotionally safe environment where both partners feel secure and valued.



What you really getting is



Intensive One-on-One Therapy

- Personalized and focused guidance tailored to your unique relationship.

A Proven Methodology

- Structured, research-based Imago Therapy techniques that deliver lasting results.

A Safe and Confidential Space

- An emotionally secure environment to openly discuss and work through your issues.

Healing and Reconnection

- Processes designed to heal past wounds and reconnect on a deeper level.

Enhanced Communication

- Practical tools to improve how you and your partner communicate.

Conflict Resolution Skills

- Effective strategies to manage and resolve conflicts constructively.

Personal and Relational Growth

- Opportunities for both individual and couple transformation and growth.

Ongoing Support and Resources

- Access to Imago Therapy materials and post-intensive follow-up to sustain your progress.



INVEST IN YOUR RELATIONSHIP TODAY!

*For Bookings Contact:
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